







ACTIVITIES FOR GRADES K-5

-  Have your child draw a picture of their family. Ask them to share what is similar and different about the people in their family. Emphasize and conclude with, “Even in our families there are similarities and differences, but that is what makes each family special.”
-  Ask your child to think about what makes them unique or different (e.g., could be their appearance, could be something they like to do or eat that’s not the same as their friends). Next, have them draw a picture of themselves and what makes them different.
-  Have your child write about a personal experience where they were included and another experience where they were excluded. Ask them to describe how both experiences made them feel.
-  Have a conversation with your child about things that you like and don’t like. Challenge your child to find five things that you both have in common, and five things that make you each unique.
-  Work with your child to create a family acceptance agreement with things that you can do to be accepting of differences at home. Together, brainstorm different things to include. For example “Make sure everyone is included.” When the agreement is complete, have each family member sign it.
-  Talk with your child about the importance of posting kind words online. Ask them to brainstorm a list of things that they can do to show acceptance of other’s differences when online.

We’d love to see your creations. Please share your stories, artwork, and photos with us on social media

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