

# CHOOSE TO BE NICE<sup>®</sup>

LEARNING ACTIVITY GUIDE - THIRD GRADE

## ACCEPTANCE



**ACCEPTING ALEX**  
is always accepting of others' differences.

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### WHAT'S INSIDE?

- Student-centered activities designed to promote lifelong social and emotional intelligence
- Book recommendations + literacy activities
- Home connections + tips for parents

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Welcome to the Third Grade Acceptance Learning Activities!

This month, your school community will be emphasizing the importance of acceptance. Use this Learning Activity Guide to help students understand and embrace acceptance through an engaging video or audio recording, a children’s book, a lesson, discussion questions, extension ideas, bonus materials, and at-home engagement. These fun and student-centered activities are cross-curricular and include opportunities for children to collaborate and work independently, exercise their literacy skills and creativity, and develop social and emotional awareness.

The Choose To Be Nice® school program is a comprehensive and engaging SEL (social and emotional learning) program that focuses on the nine important values of respect, kindness, acceptance, teamwork, honesty, responsibility, friendship, patience, and courage. Schools focus on one value per month, and all program components are designed to foster empathy, kindness, and lifelong values that will help children become resilient and compassionate individuals. All learning activities are aligned with the five core social-emotional learning competencies identified by CASEL (Collaborative for Academic, Social, and Emotional Learning), the nation’s leading organization advancing the development of academic, social, and emotional competence for all students. As students go through the Choose To Be Nice program and learn and practice the Choose To Be Nice values, they are building their skills in the five competencies: self-management, self-awareness, responsible decision making, relationship skills, and social awareness.



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## 10 BONUS MATERIALS

- Acceptance Award Certificate
- Acceptance Reward Tickets
- Coloring Page
- Poster

# GETTING STARTED

## OUR VALUES

Choose To Be Nice promotes its mission with these nine important values:

**RESPECT** - be polite and show consideration for others and their differences

**KINDNESS** - be nice and friendly to people wherever you go

**ACCEPTANCE** - appreciate and recognize people for who they are

**TEAMWORK** - collaborate and work together with others

**HONESTY** - be truthful and fair

**RESPONSIBILITY** - be accountable for your own actions

**FRIENDSHIP** - be a friendly companion other people want to be around

**PATIENCE** - be calm and understand that some things take time and endurance

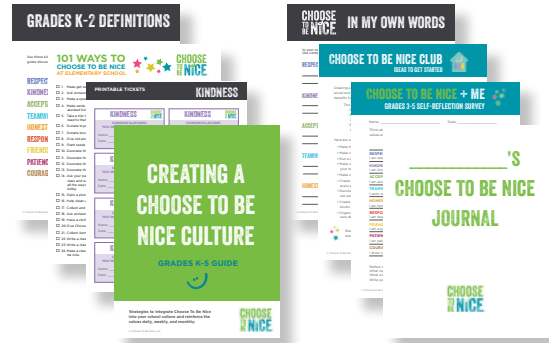
**COURAGE** - be brave and dare to be nice even when it's hard

# GETTING STARTED

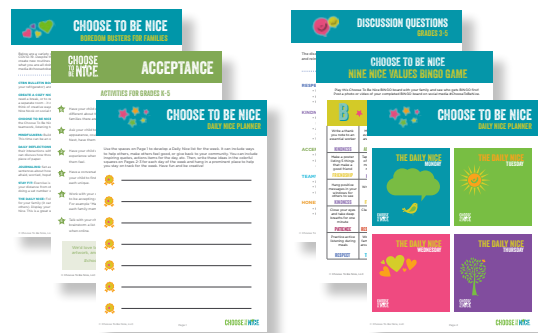
## ONLINE RESOURCES

Resources for educators and families are available to download on our website.

**Educator Resources Page:** The entire Choose To Be Nice curriculum, along with supporting documents, additional student worksheets, at home activity guides, bonus materials, and this guide, are all available on our website on the Educator Resources Page. To access materials visit: [www.choosetobenice.com/educator-resources](http://www.choosetobenice.com/educator-resources). Use password: **CTBNschool24-25**.



**Family Resources Page:** Please be sure to direct your families to our online **Family Resources Page**, where we have additional engaging and fun at home activities for families, as well as tips and other resources. Families can access the activities at: [www.choosetobenice.com/home-community-resources/](http://www.choosetobenice.com/home-community-resources/).



# GETTING STARTED

## SUGGESTED SCHEDULE

Here is a suggested schedule to follow for Third Grade Acceptance Month:

### **Prior To Week One:**

- Send home the Choose To Be Nice At Home Activity Book (Third Grade Acceptance) available on the Educator Resources Page
- Have books from the suggested book list readily available for your students

### **Week One:**

- Play Alex's audio recording found on the Educator Resources Page
- Acceptance Learning Activity: Acceptance PSAs

### **Week Two:**

- Have Group Discussions about acceptance

### **Week Three:**

- Have students reflect on and write about acceptance during journal time. Journal covers and pages are available to download from the Educator Resources Page

### **Week Four:**

- Acceptance Extension Activity

## CHOOSE TO BE NICE AT HOME ACTIVITY BOOK

Essential to adopting any new behaviors is making sure the learning reaches home. **Choose To Be Nice At Home Activity Books** help to reinforce the Choose To Be Nice values and encourage positive dialogue at home. Each Guide includes a note to parents/guardians, a fun activity, discussion questions, a coloring page and a poster. Be sure to send this guide home prior to starting this month's learning activities.



## ACCEPTING ALEX AUDIO

In this short audio recording, **Accepting Alex** talks about acceptance and builds excitement for additional learning and exploration. Be sure to play this audio prior to starting this month's learning activities.



All At Home Activity Guides and audio recordings are available on our website on the [Educator Resources Page](#). Password is CTBNSchool24-25.

## ACCEPTING ALEX is always accepting of others' differences.

**BOOK SUGGESTION:** *One of Us*, By Peggy Moss

**LEARNING ACTIVITY:** Acceptance PSAs

**SUBJECT CONNECTIONS:** English Language Arts,  
Performing Arts

**MATERIALS NEEDED:**

- Writing paper

**INSTRUCTIONS:** Read the book *One of Us*. Go around the room and ask each student to share their favorite activity at recess. Have students discuss the diversity of activities shared. Ask: *Does everyone have to like the same activity in order to get along? Why is it important to be accepting of others' differences?*

Have students work in teams of 3-4 to create a one-minute public service announcement (PSA) to promote **acceptance** of others' differences. Explain that PSAs are commercials that raise awareness about important issues or encourage people to change their behavior. Ask students to share examples of PSAs that they have seen on TV or on posters, or heard on the radio.

Pass out writing paper for students to use to plan their PSAs. Give students 15-20 minutes to rehearse their PSA before inviting them to present it to the class. After each presentation, ask the class to share what they thought was good about the PSA and what they would change to make it better.





## DISCUSSION QUESTIONS (3-5)

Use these questions to engage students in thoughtful discussions about acceptance.

- Should you treat everyone the same? Why or why not?
- If you notice someone is not able to participate with the same ability as every one else, how can you help them?
- How do differences enrich our lives and communities?
- Discuss the importance of celebrating cultural diversity. Can you share examples from around the world?
- What makes your family unique? Share a special tradition or story.
- How can we show acceptance to people who seem different from us?

## EXTENSION IDEAS

Use these Extension Ideas to extend and reinforce the learning anytime throughout the month and year.

- Give students an opportunity to revise their PSA based on peer feedback. Invite school administrators to the classroom to see the polished performances.
- Record each skit and upload to a classroom YouTube page.
- Have students write a persuasive letter in their CTBN Journal to Roberta's group of friends encouraging them to be more accepting of differences.
- Have students pair up and interview one another about things they like and don't like. Challenge each pair to find five things that they have in common and five things that make them unique.

## ADDITIONAL BOOKS LIST - ACCEPTANCE (3-5)

Use these additional books to reinforce the concept of acceptance.

**A Bad Case of Stripes**, By David Shannon  
**The Too Small Elephant**, By Christine Lauren  
**Brown Girl Dreaming**, By Jacqueline Woodson  
**El Deafo**, By Cece Bell  
**Wonder**, By R.J. Palacio

## BONUS MATERIALS

**Award Certificates:** Choose To Be Nice Award Certificates are a great way to promote a positive school culture and reinforce the Choose To Be Nice value of the month. Use the Acceptance Award Certificate to recognize those students for consistently showing kindness to others and accepting their friends and peers for who they are.



**Reward Tickets:** Keep a stack of Acceptance Tickets handy. When you observe a student showing acceptance through actions, words, or interactions, award them a ticket. Empowering students to award these tickets to their peers is a great way to encourage them to recognize and value accepting behavior in different situations. Consider setting up a system where tickets can be exchanged for small rewards or privileges.



**Coloring Page:** Students can use coloring pages during quiet time. Display completed pages around the classroom to celebrate students' understanding and commitment to acceptance.



**Poster:** Hang the poster in your classroom as a visual reminder of the importance of acceptance. Use the poster to spark meaningful discussions about acceptance.





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# ACCEPTANCE AWARD

*This award is being presented to*

*for appreciating and recognizing  
others for who they are.*

*Keep up the good work!!*



# ACCEPTANCE



CONGRATULATIONS! YOU WERE  
CAUGHT SHOWING ACCEPTANCE

Name: \_\_\_\_\_

Date: \_\_\_\_\_



# ACCEPTANCE



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