

# CHOOSE TO BE NICE AT HOME

SECOND GRADE ACTIVITY BOOK

# COURAGE



THIS ACTIVITY BOOK BELONGS TO:

A large, empty rectangular box with a dotted border, intended for a student to write their name.



Dear Parent/Guardian,

We're learning about **courage** this month as part of our school's "Choose To Be Nice" program. Essential to adopting any new behaviors is to make sure the learning reaches home.

Inside this packet you will find:

- An **activity** to help reinforce courage at home.
- The **courage chant** that we say together at school.
- A **discussion question** to prompt a conversation about courage.
- A **coloring page** featuring Cameron the Courageous Mouse.
- A **poster** of Cameron the Courageous Mouse to hang up at home.

Please do the activity together, sing the chant often, have a discussion about courage, and use this activity book as an opportunity to engage with your child about ways that you can show courage at home.

Thank you for being a Choose To Be Nice Family! Please feel free to reach out to me at any time with questions, feedback or concerns.

Sincerely,

# COURAGE

be brave and dare to be nice  
even when it's hard.



## ACTIVITY:

Together, research different people who showed courage throughout history. Think about how their courage helps others today.

## COURAGE CHANT:

Have courage, be brave and be kind.  
Cameron does it all of the time!

## DISCUSSION QUESTION:

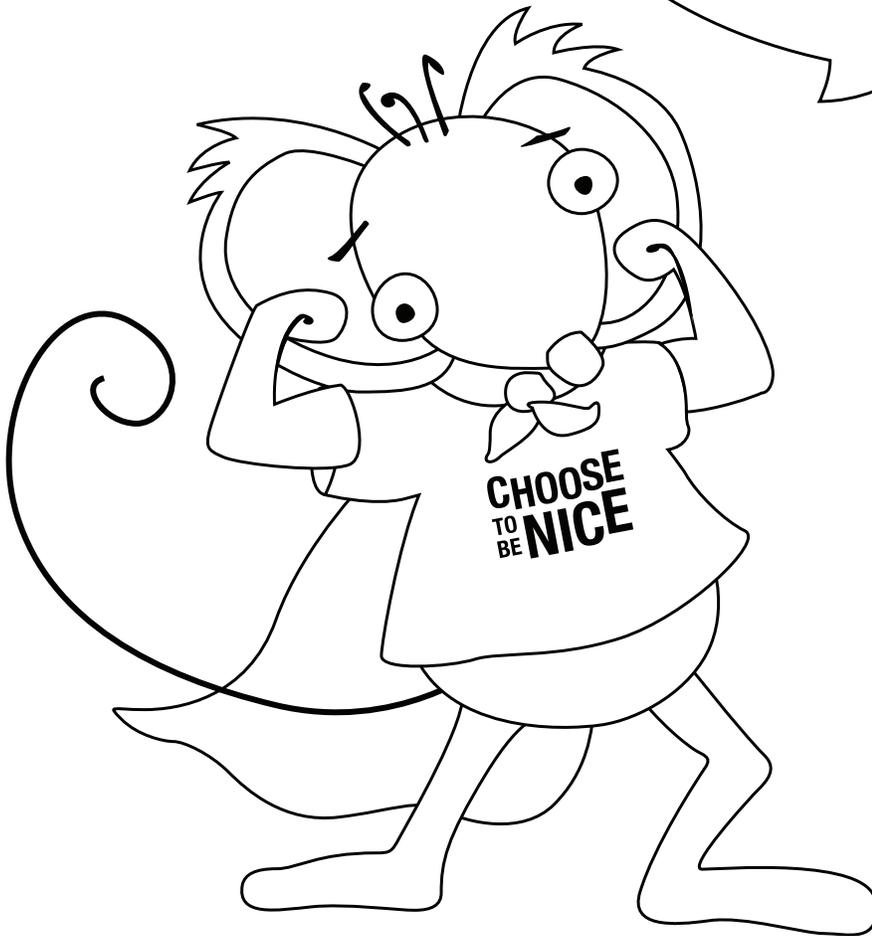
**How can you show courage in difficult situations?**



For more activities and ideas visit the Choose To Be Nice Family Resources Page at [choosetobenice.com/home-community-resources](https://choosetobenice.com/home-community-resources).

# COURAGE

**I'm Cameron the  
Courageous Mouse, and  
I always choose to be nice  
even in the most difficult  
situations.**



# COURAGE



**CAMERON  
THE COURAGEOUS MOUSE**  
always chooses to be nice, even in  
the most difficult situations.