

CHOOSE TO BE NICE AT HOME

THIRD GRADE ACTIVITY BOOK

COURAGE



THIS ACTIVITY BOOK BELONGS TO:

A large, empty rectangular box with a dotted border, intended for the student's name.



Dear Parent/Guardian,

We're learning about **courage** this month as part of our school's "Choose To Be Nice" program. Essential to adopting any new behaviors is to make sure the learning reaches home.

Inside this packet you will find:

- An **activity** to help reinforce courage at home.
- A **discussion question** to prompt a conversation about courage.
- A **coloring page** featuring Courageous Cameron.
- A **poster** of Courageous Cameron to hang up at home.

Please do the activity together, have a discussion about courage, and use this activity book as an opportunity to engage with your child about ways that you can show courage at home.

Thank you for being a Choose To Be Nice Family! Please feel free to reach out to me at any time with questions, feedback or concerns.

Sincerely,

COURAGE

be brave and dare to be nice
even when it's hard.

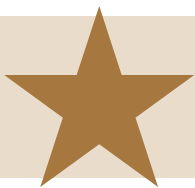


ACTIVITY:

Have a conversation with your child about something that they are afraid of. Together, create a plan to confront the fear. Discuss ways that different family members can be supportive of the plan.

DISCUSSION QUESTION:

What can you do to overcome fears?



For more activities and ideas visit the Choose To Be Nice Family Resources Page at choosetobenice.com/home-community-resources.

COURAGE

**I'm Courageous
Cameron, and I always
Choose To Be Nice even
in the most difficult
situations.**



COURAGE



COURAGEOUS CAMERON
always chooses to be nice, even in
the most difficult situations.