CHOOSE TO BE NICE AT HOME KINDERGARTEN ACTIVITY BOOK



THIS ACTIVITY BOOK BELONGS TO:





Dear Parent/Guardian,

We're learning about **acceptance** this month as part of our school's "Choose To Be Nice" program. Essential to adopting any new behaviors is to make sure the learning reaches home.

Inside this packet you will find:

- An **activity** to help reinforce acceptance at home.
- The **acceptance chant** that we say together at school.
- A **discussion question** to prompt a conversation about acceptance.
- A **coloring page** featuring Alex the Acceptance Mouse.
- A **poster** of Alex the Acceptance Mouse to hang up at home.

Please do the activity together, sing the chant often, have a discussion about acceptance, and use this activity book as an opportunity to engage with your child about ways that you can show acceptance at home.

Thank you for being a Choose To Be Nice Family! Please feel free to reach out to me at any time with questions, feedback or concerns.

Sincerely,

ACCEPTANCE

appreciate and recognize people for who they are.

ACTIVITY:

Have your child create a drawing of your family. Ask your child to share what is similar and different about each person in the family. You can emphasize and conclude with, "Even in our families there are similarities and differences, but that is what makes each family special."

ACCEPTANCE CHANT:

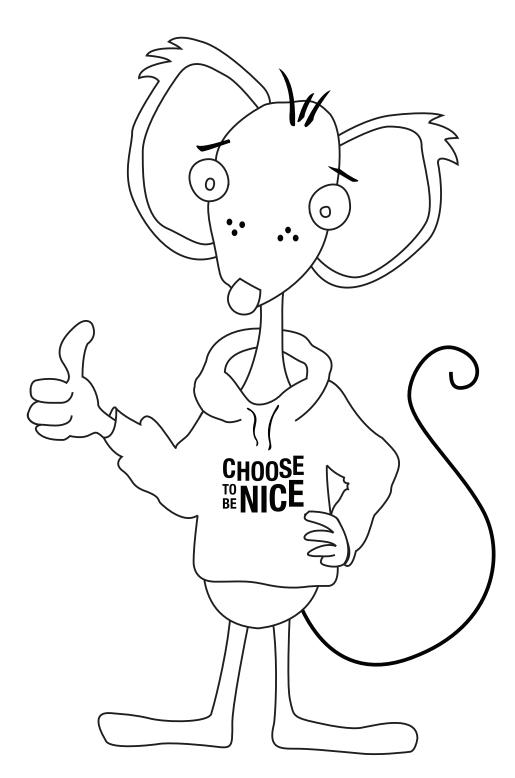
Alex is accepting, he's nice to everyone. All his friends are different, but they still have fun!

DISCUSSION QUESTIONS:

How are you similar to your family members? How are you different?

> For more activities and ideas visit the Choose To Be Nice Family Resources Page at choosetobenice.com/home-community-resources.







CHOOSE

ALEX THE ACCEPTANCE MOUSE is always accepting of others' differences.