







ACTIVITIES FOR GRADES K-5

-  Share a time that you had to be courageous with your child. Then, invite your child to draw a time when they needed to show courage and be brave.
-  Have a conversation with your child about courage. Together, describe all the ways that everyone in the family shows courage.
-  Ask your child to create an acrostic poem that spells out COURAGE. For each letter, have your child write a sentence or word that connects to courage. Have them share their poem with family members and then create a drawing or collage to go along with it.
-  Ask your child to identify a fear that they have. Then, have them create a “Courage Collage” with motivating words and images that will inspire them to confront their fear. Have your child display the collage somewhere where they will see it regularly and be reminded to have courage.
-  Invite your child to identify and research a historical figure that showed courage. Have them use poster paper to document and share key facts about the person.
-  Invite your child to create a work of art to represent a time that they were courageous. Have your child share their story. Then, share your own story about a courageous moment in your life.

We'd love to see your creations. Please share your stories, artwork, and photos with us on social media

#choosetobenice #CTBNcourage #courage