

Pick any one of the nine Choose To Be Nice values below and select a challenge to complete. Keep going until you've done all of the challenges for all of the values!

- ★ Develop a short 1-2 minute video or animation to explain the value.
- ★ Write a short persuasive essay about the importance of the value.
- ★ Create a collage, drawing, song, or work of art about the value.
- ★ Ask your family and friends to share their thoughts on the value or tell a story about a time they used the value. Collect their thoughts and stories and create a zine to share.
- ★ Create a survey with questions about the value to share online. Create an infographic to display your results.
- ★ Brainstorm ideas to help promote the value at your home or in your community. Then pick an idea to implement!
- ★ Find a book or article to read about the value. When you're done reading, create a list of the top 5 things that you learned.
- ★ Watch a movie or documentary with your family and look for examples of the value in action. Talk about how the characters did (or didn't) show the value in their actions.
- ★ Research inspiring quotes about the value and pick your favorite to share on social media.

RESPECT

KINDNESS

ACCEPTANCE

TEAMWORK

HONESTY

RESPONSIBILITY

FRIENDSHIP

PATIENCE

COURAGE

We'd love to see your creations. Please share your stories, artwork, and photos with us on social media

#choosetobenice #CTBNninenicevalues